## Living Peace

A programme of support in times of change and conflict

Our churches face change, encounter difference and can struggle to manage conflict. This impacts the health and wellbeing of many in our churches and their ministries.

Living Peace is a joint initiative between the Church of Scotland and Place for Hope to support a culture of peace and reconciliation that builds on our work together since 2009.

Through the Living Peace Programme, individuals, congregations and Presbyteries will be able to access support through mediation, facilitated conversations, coaching and a set training programme each year.

In addition to open courses and mediation support, the programme offers specific support to Presbyteries as change plans are implemented. We aim to support individuals to reach their potential as peacemakers so that every kirk can be a place for hope in their community.





## What support is specifically available to Presbyteries in 2023?



Facilitating Difficult Conversations Workshop

Location: online
Date: Thur 7 September
(1330 – 1700)
Places available: 16
Registration:
http://bit.ly/3kkPhmA

We explore ways to enable more open dialogue around important or potentially difficult subjects. This could be helpful to prepare for a forthcoming change or discussing a sensitive matter. Participants will be able to practice some of the tools and skills useful in facilitating difficult conversations.



Growing through
Change and Conflict
Course

Location: online
Date: Tues 20 & 27 Jun
(0930 – 1300)
Places available: 16
Registration:
http://bit.ly/3iZDgCG

This foundation course helps participants learn how to recognise and understand conflict, earlier and with confidence.

We will share how conflict 'looks' in our churches, explore different approaches and responses, and develop your skills in transforming conflict.



Faith in Change and Conflict Course

Location: Kinnoull,
Perthshire
Date: 25-27 July &
3-5 October
Places available: 4
Registration:
https://bit.ly/3J7QCoY

This advanced course is for all in leadership (ordained, lay, formal, informal) in our churches who want to deepen their learning about conflict, change and transition in faith contexts, in order to strengthen their skills base for local application.



**Conflict Coaching** 

Location: online or in person
Date: on request

In times of change or conflict, we know that people can feel isolated or overwhelmed. We offer tailored one-to-one coaching to accompany those in positions of responsibility who would appreciate a sounding board and support.

"The course has been really good, one of the best I have ever attended."

## How do I access support?

- For more information about the Living Peace Programme, and for links to registration, please visit <a href="https://www.placeforhope.org.uk/support/cofs-living-peace">www.placeforhope.org.uk/support/cofs-living-peace</a>
- To talk about the training courses, contact Carolyn Merry at: <a href="mailto:carolyn.merry@placeforhope.org.uk">carolyn.merry@placeforhope.org.uk</a>
- If you are seeking Coaching or Facilitated Conversation support from our team of Practitioners, please contact Natalie Barrett at: <a href="mailto:natalie.barrett@placeforhope.org.uk">natalie.barrett@placeforhope.org.uk</a>

We look forward to hearing from you to discuss how we can support you.

"...thank you for facilitating the course, which was expertly done with giving us enough freedom to speak freely but always keeping us on track. I will take away many things that have been helpful not just in my role but the conflict situations that crop up in life."

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