

APEST



applying the APEST
lens to daily enquiry

in Family Conversations

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You know that moment when you ask your kid, how their day was, or what they have done at school, and you sometimes get very little back...why not try this?! I tried this with Albert (6)and the conversation was brilliant! Not only did it help us connect but it also helped me begin to understand what excited/challenged and moved him.



Apostle

- Did you discover anything new today?
- Did you do anything new?
- Did you have any adventures?
- Did you take any risks today?
- Did you design anything thing?
- Come up with any master plans?



Shepherd

- Did you need to care for anyone today?
- Did you need to protect anyone?
- Did anyone need your help?
- Did anything upset you today?
- Were any of your friends sad today?
- Are there any kids who sometimes don't get included? How does that make you feel?



Prophet

- Did everyone treat everyone well today?
- Did you have to stand up for anyone?
- Did you learn anything about changing the world?
- Did you make any music, sing any songs, draw any pictures?
- Was everyone listening well today to each other and the teacher?



Teacher

- Can you teach me one thing you learnt at school today?
- Was there anything you found difficult to understand?
- Did you practice anything today?
- Learn any new skills on the football pitch?
- Did you show your friends how to do something today?
- Did they help you?
- What's the best thing about your teacher?



Evangelist

- Did you hear any good stories today?
- Did you make up any good stories?
- Was there any good news today?
- Did you have anything to celebrate?
- Did you have any times of sharing?
- Did you welcome any new kids?

Notes of Reflection:

Key areas for growth -

Next steps -

